



# Engaged Beings Toolkit

**Print this toolkit in colour on A4 paper, double sided.  
Cut out the cards along the dotted lines.**

This toolkit is to help explore and communicate the factors that will keep you engaged in your project, this involves personal motivations, types of outputs that excite you and the practical needs and ways of working that will help you to engage.

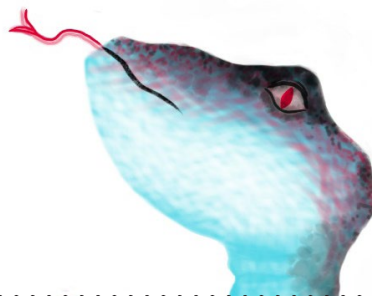
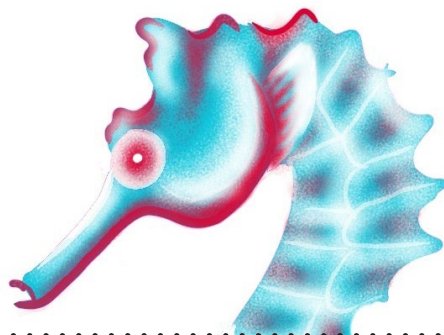
## Suggested use of the toolkit

1. Place all the cards with the text facing up on the table.
2. Sort them in to their different categories (motivations, practical needs etc).
3. Individually, consider what your individual priority would be for each of the categories in order to encourage and feed your engagement with the project and the research process.
4. Choose one card per category that you feel represent your priorities. Use the black card to create your own answer if needed. You should have four cards, one from each category.
5. Turn the cards over and assemble your “Engaged Being”! Use sticky tape to connect the pieces together and form a body.
6. Take it in turns to introduce the rest of your project team to your “Engaged Being”. Explain their motivations, how they work, what outputs excite them, and what they practical needs assist this.

This tool can also be used on your own, to help you explore what keeps you engaged and excited in your work.

**Brigstow Institute toolkits are playful tools to help facilitate more serious conversation within your team. It is in the conversation is where the value lies.**  
Visit [www.bristol.ac.uk/brigstow/toolkits](http://www.bristol.ac.uk/brigstow/toolkits) for more.





Skills and Experience that I  
can use in my career

**Personal motivations**

Learn and / or try something  
new

**Personal motivations**

Expand into a new area /  
research topic

**Personal motivations**

Develop a skill

**Personal motivations**

Work with other  
perspectives

**Personal motivations**

Leverage further funding

**Personal motivations**

Enhance the reputation of  
my work

**Personal motivations**

Find out if an idea has  
potential

**Personal motivations**

Advocate for a cause

**Personal motivations**

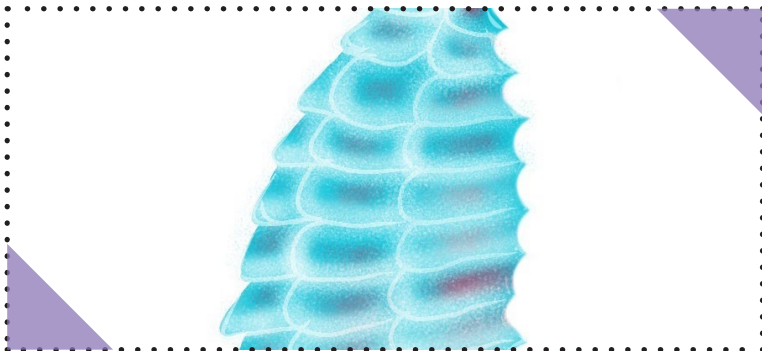
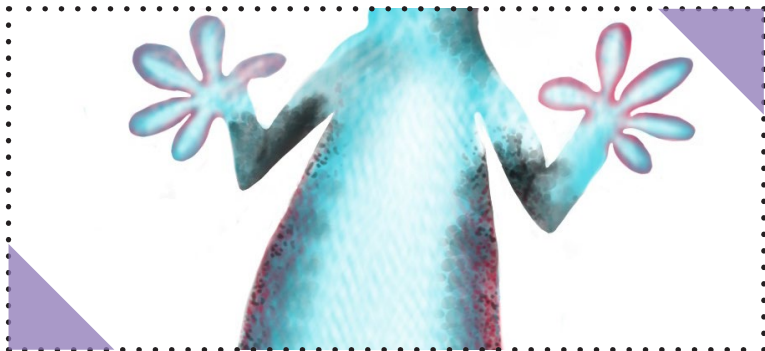
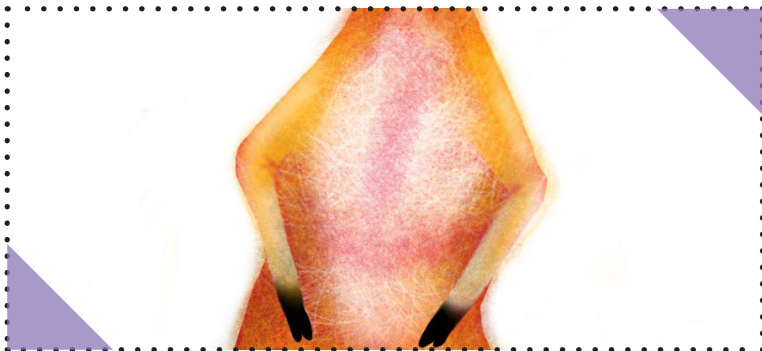
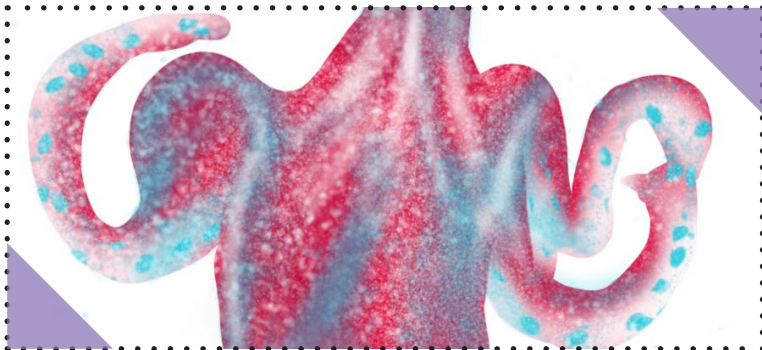
Explore a new methodology  
/ approach

**Personal motivations**

**Personal motivations**

**Personal motivations**





Creative output

Outputs

Tangible output

Outputs

Academic output

Outputs

Meaningful outcome for my  
community / service users

Outputs

An outcome that brings  
about change for my  
community

Outputs

A possible impact case  
study

Outputs

Learning from the process

Outputs

Developing a new way of  
working

Outputs

Skills Development

Outputs

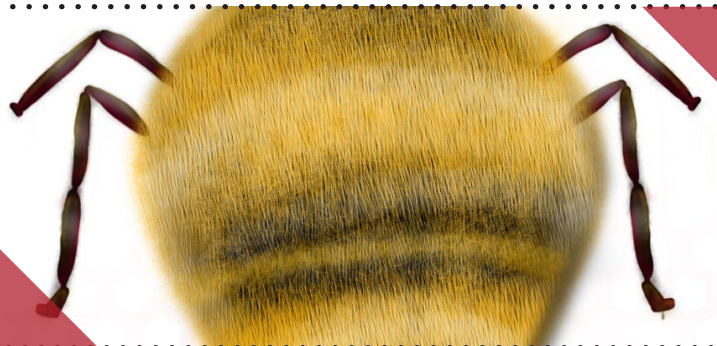
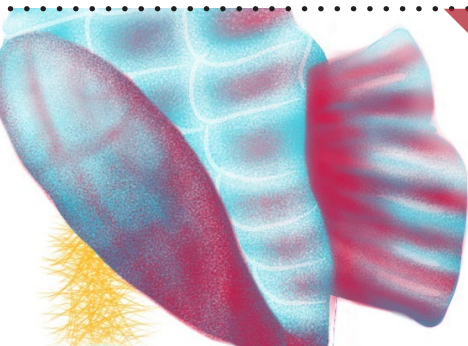
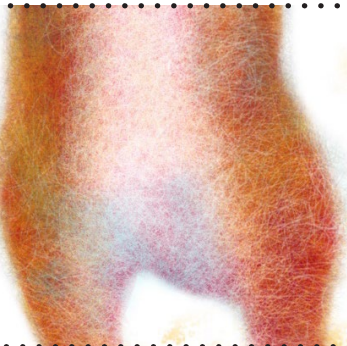
Future grant applications

Outputs

Outputs

Outputs





Open, frequent and clear communication

**Ways of working**

Clarity of objective and roles

**Ways of working**

Flexibility

**Ways of working**

Trust and respect

**Ways of working**

Clear structure and milestones

**Ways of working**

Review, reflection and rethink process

**Ways of working**

Teamwork - a sense of togetherness

**Ways of working**

Empathy

**Ways of working**

Understanding other responsibilities and pressures

**Ways of working**

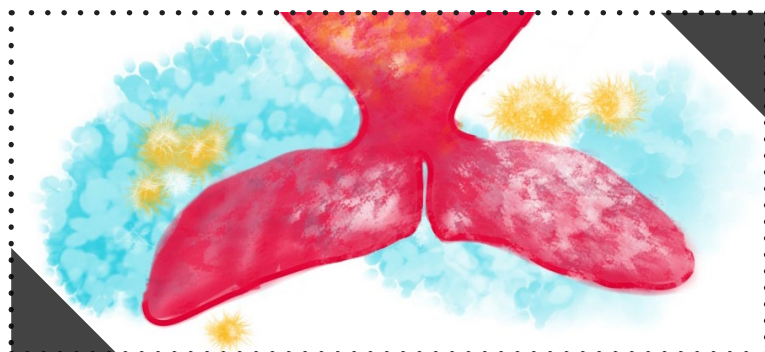
Experimental

**Ways of working**

**Ways of working**

**Ways of working**





Frequent breaks

**Practical needs**

Get out clause

**Practical needs**

Clear timetable

**Practical needs**

Variety of tasks

**Practical needs**

Money

**Practical needs**

Access to university  
resources

**Practical needs**

Access to new knowledge

**Practical needs**

Access to new contacts

**Practical needs**

Access to a community

**Practical needs**

Meetings at a convenient  
time and place

**Practical needs**

**Practical needs**

**Practical needs**